

ADEL & SADIQ

est 1979



Established in 1979



Two Main Sections:

1. Fruit & Veg Import, Wholesale & Distribution
2. Real Estate Management & Rentals



Bahrain Shareholding Company
(closed)



ISO-Certified (22000:2018)
– Food Safety Management

About Us

Adel & Sadiq Trading Co. was established in 1979 and is **specialized in the import, wholesale and distribution of Fresh Fruits & Vegetables** in the Kingdom of Bahrain.

We are **ISO-certified with a focus on quality, customer service and excellence** in perishable management.

With a **global network of suppliers spanning 6 continents**, we are committed to delivering the finest produce to our customers across the Kingdom.

Our **emphasis on quality and freshness** ensures that our customers receive the best nature has to offer.



Our Products – Fruits & Vegetables (1/2)

We offer a comprehensive range of staple and specialty fresh fruits and vegetables sourced from top suppliers all over the globe. Our selection spans multiple categories to meet the diverse needs of supermarkets, wholesalers, hospitality businesses and the restaurant industry.

Citrus Fruits

Our citrus range includes oranges, lemons, limes, mandarins and more. Whether for juicing or fresh consumption, citrus fruits are a staple product, known for their flavor, nutrition and freshness.

Berries

We supply a full range of fresh berries, including strawberries, blueberries, raspberries and blackberries. Carefully selected for their quality and shelf-life, our berries are ideal for retail, hospitality and bakery use.

Kiwi Fruit

Our premium Kiwis are sourced from top-growing regions and from internationally-recognized brands. We offer both green and gold varieties and are a great addition to supermarket shelves.

Exotic Fruits

We offer a wide variety of exotic fruits such as dragon fruit, passion fruit, rambutan, mangosteen, avocado, mangoes, papayas, pineapples and more. Perfect for customers seeking something unique, these fruits offer color and variety to your store's selection.

Core Fruits

Our core fruits section include a variety of apples, pears, and quinces. Sourced from top suppliers, these fruits are known for their consistent quality and popularity amongst consumers.

Our Products – Fruits & Vegetables (2/2)

Stone Fruits

We offer as fresh selection of seasonal stone fruit, including peaches, plums, nectarines and apricots of different origins, such as Australia, USA, South Africa and more.

Fresh Vegetables

Our Fresh Vegetable range includes staples like carrots, cucumbers, onions, garlic, capsicum, potatoes, tomatoes as well as specialty items like baby vegetables, heirloom varieties and imported lines.

Specialty Mushrooms

We supply a range of gourmet specialty mushrooms such as shiitake, oyster and enoki. Ideal for the retail and restaurant industry, these mushrooms are a premium ingredient that can elevate your product offerings.

Leafy Greens & Herbs

We offer different varieties of leafy greens and herbs such as iceberg, lollo rosso, baby spinach, basil, rosemary and more. Our leafy greens and herbs are delivered fresh and sourced from all over the globe.

Organics

We also offer a growing selection of organics fruits and vegetables ideal for the health-conscious consumer and premium retailers.

& much more

Discover a diverse range of staple and specialty fresh produce. To learn more about all our products, contact our team.

Our Brands & Agencies

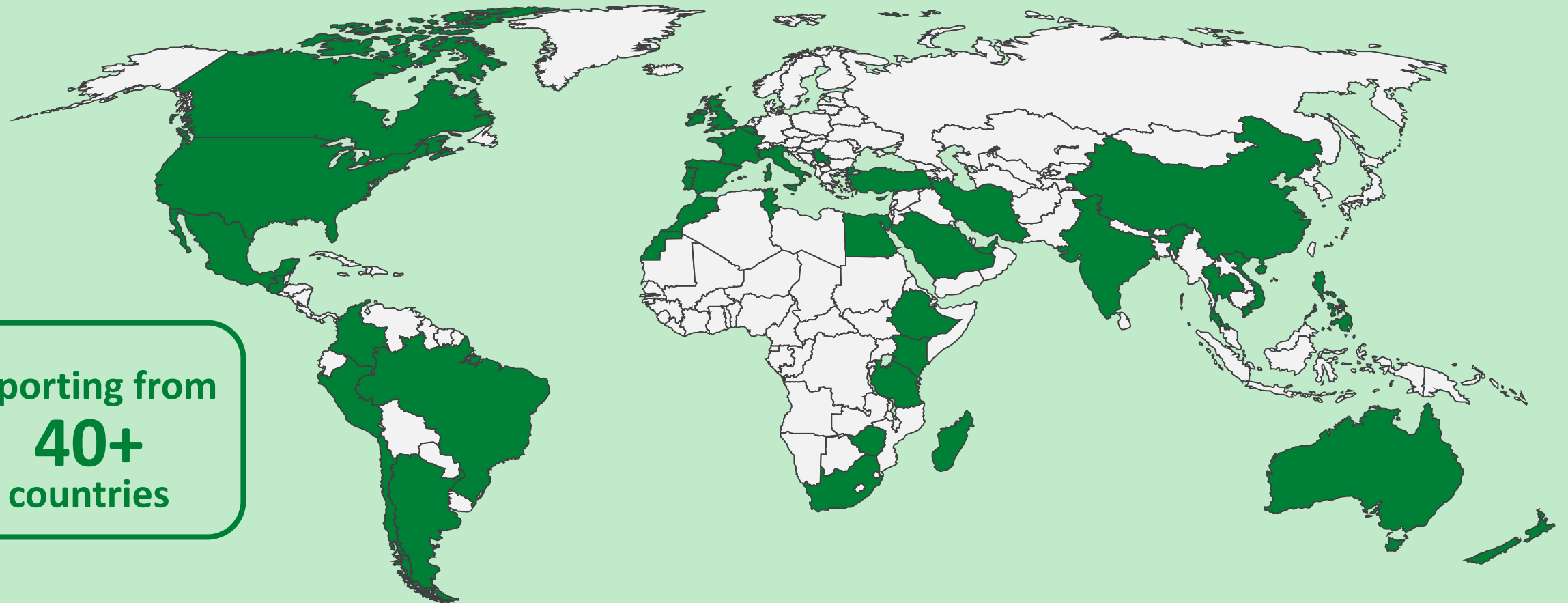
We are also the agents of various internationally recognized brands, examples include but are not limited to:



To learn more about our full range of product offerings, our agencies and our brands, contact our team.

Extensive Supplier Network

Our range of fruits and vegetables are directly imported for you by air and by sea from over 40 countries. With shipments arriving daily, and with our 45+ years of experience in cold-chain management, all products are delivered to you fresh.



Importing from
40+
countries

Our Services



Import

We source a wide variety of fresh produce from trusted growers and suppliers around the world, ensuring seasonal variety and consistent quality. Our import operations are streamlined for efficiency and freshness, allowing us to bring in-demand products from farm to market with speed and care.



Wholesale

As a trusted wholesale partner, we supply fruits and vegetables to supermarkets, restaurants, hotels, catering companies, other wholesalers and the local market. We offer competitive pricing, consistent stock availability, and tailored solutions to meet the needs of businesses of all sizes.



Distribution

Our distribution network is designed to ensure timely and temperature-controlled delivery to our clients across Bahrain. With a focus on reliability, our delivery team ensures that your produce arrives fresh, on-time and ready for sale.

Our Values



1

Quality Focus

Exceed the quality standards of our industry and to provide the highest quality and freshest produce.

2

Customer Orientation

We view our customer as partners and aim to provide round the clock customer service, timely deliveries, and high-quality fresh produce.

3

Service Excellence

To provide our customers with exceptional services, focused on reliability and excellence. And to continuously diversify our range of services to adapt to customers changing needs.

Why Choose Us?

The logo for ADEL & SADIQ, established in 1979, is displayed within a dark green circle. The text 'ADEL &' is in white, 'SADIQ' is in a larger white font, and 'est 1979' is in a smaller, light green script font.

**ADEL &
SADIQ**
est 1979

Excellence in Perishable Management for 45+ Years

We are ISO-certified and have over 45 years of experience in perishable product management. Our cold-chain delivery system ensures all products are delivered to you fresh.

Extensive Global Sourcing Network

With a network of suppliers spanning all corners of the world, we are able to offer you an extensive range of both staple and specialty fruits & vegetables shipped to Bahrain daily.

Customer Satisfaction Focus

Your satisfaction is our top priority. We strive to exceed the expectations of our wholesale partners with every product and service we offer.

Client Examples

We have decades of experience in the supply of leading supermarkets and wholesalers across the Kingdom of Bahrain.
Some examples of our clients include:



Contact Our Team

For Wholesale inquiries contact our Team



Email: Orders@adelsadiq.com



Main Office* Telephone: (+973) 17210061



Instagram: [@as_fruits](https://www.instagram.com/as_fruits)

**Main Office Timings: Saturday to Wednesday 7:30am to 4pm; Thursday 7:30am to 1pm; Closed on Friday*